

Spanish River Cheerleading

Tryouts

Do you have lots of school spirit? Do you love to perform for a crowd? Show what you got at Spanish Rivers 2016-2017 cheer tryouts this August!

-When:

Tues. Aug 15th 3:15pm-5:00pm

Weds. Aug 16th 3:15pm-5:00pm

Thurs. Aug 17th 4:00pm-7:00pm

(This is your try-out date! Come prepared!)

-What To Wear/Bring:

Black cheer spankies, sports bra, plain white or grey t-shirt (no logos unless it's Spanish River!). Hair must be up in a ponytail. Cheer shoes. Bring water!!!

-Desired Skills:

We are a high performing/competitive team! Please work on standing tumbling (back handspring) and running tumbling skills (round-off back handspring – tucks are awesome too!), as well as jumps (pikes/hurdlers/toetouch)! For information on tumbling clinics and open gyms during the summer, please see Coach Ostrow!

***PLEASE MAKE SURE TO HAVE A COMPLETED ATHLETIC PACKET (AVAILABLE IN THE FRONT OFFICE) & \$65 CHECK READY WHEN YOU ARRIVE AT TRY-OUTS THE FIRST DAY!

ANY QUESTIONS PLEASE CONTACT COACH RACHEL OSTROW AT
RACHEL.OSTROW@PALMBEACHSCHOOLS.ORG